

Front Range Psychological Services
5738 Olde Wadsworth Blvd.
Arvada, CO 80002
Ph. 720-230-6863

Informed Consent for Treatment

Welcome to Front Range Psychological Services. When you decide to begin therapy, you are making an important investment in yourself. Good information about your prospective therapist will help you decide which therapist is the best fit for you. This form contains information regarding my training, experience, and credentials, as well as my professional services and business policies to help you in your decision. Please read through this document carefully, and if you have any questions or concerns regarding any aspect of our practice or my credentials, please discuss them with me. We are happy to answer your questions, and welcome your comments. When you sign this document, it will represent an agreement between us.

Psychotherapy is not easily described in general statements. It varies depending upon the client and the therapist, the fit between the two, and the particular concerns and issues you will bring forth. There are different methods we may use to deal with the concerns that you hope to address based upon my training and experience. Your input regarding what works well for you is also very important to the success of your treatment.

Psychotherapy is an active, creative and, perhaps most importantly, a collaborative process between client and therapist. We believe therapy is most effective when our clients and we have an open line of communication. We would like to have input from you on how you feel you are progressing in therapy, or areas that you feel are not being addressed. This dialogue makes it possible to tailor the therapy to more effectively meet your needs and goals.

Therapy can have many benefits as well as some risks. Since psychotherapy often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings, such as, sadness, anxiety, guilt, anger, frustration, loneliness, and helplessness. These feelings, in moderation, are not abnormal to the human condition, and should be actively discussed during our work. On the other hand, therapy has also been shown to have many benefits for people who go through treatment. Therapy often leads to better relationships, solutions to specific problems, and can increase contentment while reducing feelings of discomfort and distress.

Training, Experience and Credentials

Brian Beaumund, PsyD

Dr. Beaumund is a licensed Clinical Psychologist (#4397) and the owner and director of FRPS. He graduated in August 2014 with a doctorate in Clinical Psychology from the Graduate School of Professional Psychology at the University of Denver. He also holds a master's in Clinical Psychology from the University of Denver (DU). At DU, he completed four years of practicum experience as well as an APA accredited postdoctoral internship. His experience includes working at College Living Experience, Colorado Assessment and Treatment Center, The Children's Hospital, the Health and Counseling Center at the University of Denver, Colorado Neurobehavioral Health, Denver DBT and Psychotherapy, the Trauma Disaster and Recovery Clinic as well as The Colorado African Organization. In addition to his clinical work, Dr. Beaumund teaches at the University of Denver as an Adjunct Professor and has served as a board member and Past-President of the Colorado Psychological Association.

Although he treats a range of presenting concerns, his therapy is insight oriented and emphasizes relational conflicts, identity development, men's issues, trauma, and neuropsychological and psychological testing. He also has specialty training in Dialectical Behavioral Therapy (DBT), high functioning autism in adulthood, and couple's therapy.

Vanessa Magro, PsyD

Dr. Vanessa Magro is a postdoctoral fellow with Front Range Psychological Services and is currently working towards obtaining her psychologist license in the state of Colorado. She earned her Doctorate degree in Clinical Psychology from the Graduate School of Professional Psychology at the University of Denver in August 2023. Additionally, she has her Bachelor of Arts from Dartmouth College. She has 5 years of supervised clinical experience providing psychotherapy and assessment services primarily with adults in a variety of settings, including private practice, college counseling, employee assistance, and community mental health. As a postdoctoral fellow, Vanessa receives ongoing supervision from Dr. Beaumund regarding all FRPS clients.

Krystal Robles, M.A.

Krystal Robles is a master's level clinician currently in her first year of doctoral training in clinical psychology. She earned her Master of Arts degree in Forensic Psychology from the Graduate School of Professional Psychology at the University of Denver in June 2021. Additionally, she has her Bachelor of Science in psychology from West Texas A&M University. She worked as a caseworker for child welfare for five years prior to obtaining her master's degree and has experience working with children, youth, and families who have experienced trauma, substance use, and mental health disorders. During her master's degree she received training and experience working with inmates, immigrants seeking asylum, competency restoration for adults, and direct care for children and youth experiencing out of home placement. As a doctoral trainee, Krystal receives ongoing supervision from Dr. Beaumund regarding all FRPS clients. As part of her training experience, some of her sessions need to be directly observed by Dr. Beaumund or recorded for review in supervision. Any recorded materials are treated as Private Health Information (PHI) and are destroyed immediately after viewing in supervision. If you do not wish for your sessions to be recorded or directly observed, please ask to be assigned to a different psychotherapist/assessor at FRPS.

Professional Practice Policies

We practice specific empirically validated methods of treatment and can explain to you the theoretical orientations that we use. Although the exact length of treatment is difficult to predict, we can provide an estimate of the treatment duration. You have the right to know if other treatments are available, and we can guide you as to the effectiveness of alternative treatments. You may end treatment at any time, and you may seek a second opinion if you so choose.

Fee Information

Payment is due by cash, check or credit card at the time of service. Payments may be deductible as medical expenses on your income tax return. You may also bill your insurance company for my services as an "out of network provider." We would be happy to discuss this option further with you and provide guidance in processing these claims.

Payment is typically collected at the beginning of therapy sessions, or prior to the feedback session of any psychological assessment. If payment is not rendered in a timely fashion and we are unable to collect the fee, we may, in some rare cases, employ the services of a collection agency. Confidentiality is maintained and only minimal pertinent information is shared with the collection agency (name, address, telephone number, and amount due).

Cancellations

If you are unable to keep an appointment, please notify us immediately. If you cancel or miss an appointment without providing 48-hour notice prior to your scheduled appointment, you will be billed the full fee for the session. This fee will be waived in the event that we are able to fill this appointment slot with another client. Similarly, we hold ourselves to the same level of commitment to our appointments, and if we miss a scheduled appointment without prior notice, we will provide one free session.

Telephone Calls

If you need to speak with us between regularly scheduled appointments, please call your clinician. Your call will be returned as soon as we are able. We do not charge for brief conversations; however, any discussion that exceeds ten minutes will be billed to you on a prorated basis.

Email and Text Communications

We may use email communication and text messaging only with your permission and only for administrative purposes unless we have made another agreement. That means that email exchanges and text messages with our office should be limited to things like setting and changing appointments, billing matters and other related issues. Please do not email me about clinical matters because email is not a secure method of communication. If you need to discuss a clinical matter, please feel free to call your clinician directly so we can discuss it on the phone, contact us via your Simple Practice Client Portal, or wait so we can discuss it during your therapy session. The telephone or face-to-face context is much more secure as a mode of communication. Our office may email you regarding paperwork via our Simple Practice, Client Portal, which is a secure method through which to share Personal Health Information (PHI).

Limits of Practice

Our practice is limited to clients who typically do not require 24-hour-care. While we are qualified to provide these services, we choose not to do so for personal reasons. Therefore, we are not immediately available in the event of an emergency. We do not provide service on holidays or between 6pm and 8am during the week. If you feel you have a need for this level of care, please inform me so that we may refer you to an appropriate therapist or facility. If, during our work together, an emergency does occur which requires immediate attention, please call the Crisis Lifeline at 988 or go to your nearest hospital for assistance.

Confidentiality

Confidentiality is an important component of psychotherapy. In general, the privacy of all communications between a client and a therapist is protected by law, and we can only release information about our work to others with your written permission. However, there are a few exceptions:

In most legal proceedings, you have the right to prevent us from providing any information about your treatment. In some proceedings involving child custody and those in which your

emotional condition is an important issue, a judge may order our testimony if they determine that the issues demand it.

There are some situations in which we are legally obligated to take action to protect others from harm, even if we must reveal some information about a client's treatment. For example, if we believe a child or older adult is being abused, we are required by law to file a report with the appropriate state agency.

If we believe that a client is threatening serious bodily harm to another, we are required to take protective actions. These actions may include notifying the potential victim, contacting the police, and/or seeking hospitalization for the client. If the client threatens to harm himself or herself, we may be obligated to seek hospitalization for them, or to contact family members or others who can help provide protection.

These situations have rarely occurred in our practice. If a similar situation occurs, will make every effort to fully discuss it with you before taking action.

We approach our work with each client at FRPS from a team perspective, and often will engage in professional consultation regarding our work. Additionally, from time to time we may seek consultation from other clinicians with expertise in specialized problem areas outside of the practice. During consultations we limit the information communicated, and specifically avoid revealing the identities of our clients. Consultants are also legally bound to maintain confidence. If you don't object, we will not tell you about these consultations unless we feel that it is important regarding our work together.

While this written summary of exceptions to confidentiality should prove helpful in informing you about potential problems, it is important that we discuss any questions or concerns that you may have.

Regulatory Agency

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists. Sexual intimacy between a client and therapist is illegal in Colorado and should be reported to the Department of Regulatory Agencies, Mental Health Section. The Department of Regulatory Agencies (DORA) address is 1560 Broadway, Suite 1350, Denver, CO 80202, and their phone number is 303.894.7766.

Brian Beaumund, PsyD, Vanessa Magro, PsyD, and Krystal Robles, M.A. are doing business under Front Range Psychological Services, SCorp, an independent practice.

Consent

I have been informed of Dr. Beaumund/Dr. Magro/Ms. Robles, credentials, and practice policies. I have also read the preceding information and understand my rights as a client.

I understand and agree to the policies described herein. A copy of this document has been given to me for my records. I consent to therapy, including assessment, evaluation, treatment, and/or referral.

Client Name, Printed

Client (Parent/Guardian) Signature

Date

Provider Name, Printed

Provider Signature

Date